



## Clothing Policy

### **Custodian:**

Management Committee

### **Custodian Contact:**

[dl.5363.administration@schools.sa.edu.au](mailto:dl.5363.administration@schools.sa.edu.au)

### **Version No: 2**

### **Approved By:**

Alison Curtis

Chairperson

**On behalf of the Management Committee.**

**Approval Date:** 22/3/23

**Next Review Date:** 22/3/26

### **Supersedes:**

Clothing Policy Version 1.3

### **1 Purpose:**

To ensure that children are dressed appropriately and comfortably at all times for indoor and outdoor play throughout the year. Showing respect for children and appreciation of their individuality is important to the development of their self-esteem.

### **2 Scope:**

Approved Provider (at this service we have 2 Approved Providers-DfE and the Management Committee)  
Nominated Supervisor  
Responsible Person on Duty  
Educators  
Children & Families  
Students & Volunteers

### **3 Supporting Documents:**

[Skin Protection Policy](#)

[Hot Weather Policy](#)

### **4 Policy Details:**

The clothes we wear and the way we dress are an important part of our everyday experience, and are a way for many people to express their culture, personality and individuality. In childcare, what your child wears may also influence your child's health, safety, comfort, and wellbeing.

When clothes fit properly and are not too loose or tight, children can move freely and comfortably and participate in experiences. It can be helpful to talk with your child about the clothes they feel most comfortable in for different activities, and to help them to choose clothes that will be practical.

It's important for the Centre to know what you think and what matters to your family in relation to your child's clothing. Working together with educators will help to ensure that clothing and dressing practices support the best outcome for your child.

## 5 Procedure:

These are a few factors that you may wish to consider when choosing what your child wears to education and care.

### Temperature

It is important that children are not over or under dressed, and that clothing suits the temperature of the day. The smaller children are, the more easily they can become chilled or overheated. Natural fabrics such as cotton are generally cooler than acrylic fabrics. It is a good idea to send spare clothes for unexpected changes of weather, especially during changes of season, when the weather can be unpredictable.

### Footwear

Children need to wear safe, comfortable shoes that fit well. Shoes should provide support as well as protection for your child's feet. Shoes with soles that grip make climbing and other physical activities easier and safer for children to enjoy and take part in play.

Thongs, backless shoes & high-heeled shoes are **not** suitable because they often cause accidents and give little protection or support to your child's feet

### Dressing to support children's play and learning

When clothes fit properly and are not too loose or tight, children can move freely and comfortably and participate in experiences. It can be helpful to talk with your child about the clothes they feel most comfortable in for different activities, and to help them to choose clothes that will be practical.

Clothes that can get dirty are recommended. Please pack several changes of clothes.

**All clothes should be clearly labelled with your child's name.**

### **Clothes that are suitable for children who are learning to use the toilet**

To help children who are toileting, it is recommended that they wear pants and underwear that can be easily pulled up and down, e.g. tracksuit pants, elastic waisted pants.

**Please provide several sets of spare clothes (including socks) in case your child has a toileting accident.** (Spare shoes may also be useful).

Soiled clothes will be rinsed and placed in a plastic bag which will be attached to the outside of your child's bag.

### **Dressing children for bed**

When children sleep at the centre they will only wear enough clothes so that they will be warm when sleeping, without overheating.

For more information read the [Safe sleep and rest policy](#)

## **Sun Protection from 1 August through to 30 April**

Children need protection from the sun while playing throughout the day. It is recommended that your child wear the following clothing while at the centre:

Long sleeve tops with backs and collars, and long trousers/skirts offer the best protection. However elbow length sleeves and knee length shorts & skirts may be more appropriate and offer an acceptable compromise.

If a child is wearing a singlet top, or a dress with shoulder straps, then they will wear a t-shirt over the top before going outside.

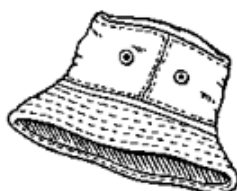
Children and staff are encouraged to wear a broad-brimmed, legionnaire or bucket style hat during outdoor play.

Parents are to supply an appropriate hat for their child, clearly labelled with their child's name. (Children not wearing a hat will need to play under the veranda or other shaded areas). Appropriate Hats as recommended by the Cancer Council SA

### **Broad brimmed hat**



### **Bucket hat**



### **Legionnaire hat**



### **NO Caps**



Please remove any drawstrings or cords from hats as these are a safety issue!

## **Winter Clothing from 1 May to 30 July**

Outdoor play remains a big focus during the winter months and provides us with unique learning opportunities such as rain and mud play. Therefore, we recommend that your child wear/ bring the following clothing:

- Several layers of light clothing such as singlet, long sleeve t-shirt, and light jumper or jacket (several layers of light clothing provide 'base' warmth and can be easily adjusted to suit when indoors. They provide more warmth than a single heavy layer).
- A thick, warm jacket or jumper (preferably waterproof)
- A warm beanie.
- Boots, gumboots or other sturdy shoes such as sneakers

## **6 Legislation and Regulations**

Education and Care Services National Law Act 2010

Education and Care Services National Regulations 2011

Reg 168 (2)(a)(ii) Policies and procedures: Sun protection

## 7 Definitions of Terms:

N/A

## 8 References:

Cancer Council SA website, accessed on line 24/11/22/at url:  
<https://www.cancersa.org.au/prevention/sunsmart/sunsmart-program/early-childhood-centres/resources-early-childhood/>

[“What children wear to education and care”, accessed on line 24/1/23 at url:  
<https://www.startingblocks.gov.au/other-resources/factsheets/dressing-your-child-for-education-and-care/>](https://www.startingblocks.gov.au/other-resources/factsheets/dressing-your-child-for-education-and-care/)

## 9 Review Strategy and History:

Review should be conducted every 3 years to ensure compliance with this procedure.

Version No.	Reviewed By	Approved By	Approval Date	Review Notes
1	Management Committee	Liam Fudali -chairperson	20/3/13	Initial approval in new format
1.1	Management Committee Educators Parents	Lyn Rowberry -chairperson	21/10/15	minor changes Update referencing
1.2	Management Committee Educators Parents	Scott Dolman -chairperson	26/7/17	Minor changes Inserted Section 6 Legislation and Regulations Updated referencing and review history
1.3	Management Committee Educators Parents	Melissa Smithen -chairperson	27/11/19	Minor changes- change of dates for winter & sun protection periods in line with cancer council changes Updated referencing & Review history Review period changed to 3 years
2	Management Committee Educators Parents	Ali Curtis chairperson	22/3/23	Major content changes to Policy details and procedures Updated referencing & Review history